

**ENTEROSCOPY PREPARATION**

The following are the instructions that you will need to follow prior to your Enteroscopy. Please try to follow them as closely as possible to ensure a successful procedure. It is possible that you may feel abdominal cramping, rectal discomfort, some rectal bleeding, tiredness, and headaches during the preparation. Should any of these symptoms be significant or you have concerns about them, please do not hesitate to contact us at 713-795-4444. **Failure to take this preparation as indicated below may result in a poorly cleansed bowel and possible cancellation of the procedure.**

**If you normally take medications in the morning, take them on the day of the procedure as well, except:**

- \* Stop Aspirin, Advil, Aleve, Celebrex Ibuprofen, Lovinox, Motrin, any iron pills or medications that contains iron at least **5** days ahead. You may take Tylenol if it is necessary.
- \* Stop Plavix and Coumadin at least **3** days ahead.
- \* Let us know if you are taking blood thinners.
- \* If you have heart disease, ask us about stopping aspirin.
- \* Insulin should not be taken on the morning of your procedure.
- \* If you need to take medications less than 2 hours before your procedure, take them with a small sip of water.

**ONE DAY prior to the procedure:**

1. Full liquid diet until noon.
2. Clear liquid diet noon to midnight.
3. PLEASE DO NOT EAT OR DRINK ANYTHING RED OR PURPLE AFTER 8 PM.
4. **NO ALCOHOL the day before your procedure!!!!!!!**

**THE DAY of your procedure:**

1. **DO NOT eat or drink anything after midnight.**
2. **You may take your heart/blood pressure/diabetes medications in the morning** (with a small amount of water).
3. If you are taking any other routine medications and your procedure is scheduled before 12 Noon, you may bring those medications with you and take them after the procedure is completed. If you are scheduled in the afternoon, you may take **all** medications in the morning with a small amount of water.

**Special instructions:**

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\*\*\* Please remember to bring a responsible adult to accompany you home after the procedure. You will NOT be allowed to drive as you will be sedated for the procedure.

\*\* \* Please bring your current insurance cards and any papers your doctor has given you, such as surgical consent forms and laboratory test reports.

**Results:**

The medical assistant will notify you in the mail regarding your biopsy result (if taken) within 14 business days.

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*Procedure Scheduler, Kimberly: (713)795-4444 \* 104 or [kimp@dahpa.com](mailto:kimp@dahpa.com)*

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**We appreciate your efforts in helping us to help you.  
All of us at Digestive Associates of Houston, P.A. thank you and wish you well.**