

DIGESTIVE ASSOCIATES OF HOUSTON, PA
Isaac Rajjman, MD Susana Escalante-Glorsky, MD
Tel: 713-795-4444

EGD (UPPER ENDOSCOPY) / ERCP PREPARATION

The following are the instructions that you will need to follow prior to your EGD/ERCP. Please try to follow them as closely as possible to ensure a successful procedure. **Failure to take this preparation as indicated below may result in a poorly result and possible cancellation of the procedure.**

One week before the procedure:

1. Stop aspirin and all aspirin-containing medications. Call us with any concerns.

One day prior to the procedure:

1. You may enjoy a regular diet the day before your procedure.
2. PLEASE DO NOT EAT OR DRINK ANYTHING RED OR PURPLE AFTER 8 PM.
3. **NO ALCOHOL the day before your procedure!**

Day of the procedure:

1. **DO NOT eat or drink anything after midnight.**
2. **You may take your heart/blood pressure/diabetes medications in the morning** (with a small amount of water).
3. If you are taking any other routine medications and your procedure is scheduled before noon, you may bring those medications with you and take them after the procedure is completed. If you are scheduled in the afternoon, you may take **all** medications in the morning with a small amount of water.

Special instructions from the physician/nurse:

- ➔ **Please remember to bring a responsible adult to accompany you home after the procedure. You will NOT be allowed to drive, as you will be sedated for the procedure.**
- ➔ You may also want to bring something to read, in case there is a delay in starting the procedure.
- ➔ Please bring with you the names and phone numbers of any physicians that are to receive a copy of the procedure report.
- ➔ If you have any additional questions, please do not hesitate to contact us at 713-795-4444.

Results:

You will be contacted by Connie Watts, RN, within 7-10 business days regarding results of biopsies, if taken.

If you have any questions about this preparation, please call Connie, RN at 713-795-4444, ext.103 or email to conniew@dahpa.com).

To schedule or reschedule your procedure date, please call Kimberly at 713-795-4444, ext. 104 or email to kimp@dahpa.com) at least 72 hours in advance.

**We appreciate your efforts in helping us to help you.
All of us at Digestive Associates of Houston, P.A. thank you and wish you well.**