DIGESTIVE ASSOCIATES OF HOUSTON, PA
Isaac Raijman, MD Susana Escalante-Glorsky, MD
Tel: 713-795-4444 Fax: 713-795-5254

EGD (UPPER ENDOSCOPY) / ERCP / EUS PREPARATION

The following are the instructions that you will need to follow prior to your EGD/ERCP. Please try to follow them as closely as possible to ensure a successful procedure. Failure to take this preparation as indicated below may result in a poorly result and possible cancellation of the procedure.

- At least 5 days ahead, stop Aspirin, Advil, Aleve, Celebrex Ibuprofen, Lovinox, Motrin, any iron pills or medications that contain iron. You may take Tylenol if it is necessary.
- At least 3 days ahead, stop Plavix and Coumadin.
- Let us know if you are taking blood thinners.

ONE DAY before your proceure:

- You may enjoy a regular diet the day before your procedure.
- PLEASE DO NOT EAT OR DRINK ANYTHING RED OR PURPLE AFTER 8 PM.
- NO ALCOHOL

THE DAY of your procedure:

- DO NOT eat or drink anything after midnight.
- If your procedure is scheduled at 1:00pm or later, nothing by mouth after 6:30a.m. on the day of the procedure.
- If you normally take medications in the morning, take them on the day of the procedure with a small sip of water.
- Insulin should not be taken on the morning of your procedure.
- Please remember to bring a responsible adult to accompany you home after the procedure. You will NOT be allowed to drive as you will be sedated for the procedure.
- Please bring your current insurance card(s) and any papers your doctor has given you, such as laboratory test reports and radiological reports.

Results: The medical assistant will notify you in the mail regarding your biopsy result (if taken) within 10 business days.

Dr. Raijman's medical assistant:	*Natalia: (713)795-4444 * 103*
Dr. Escalante's medical assistant:	*Daicy: (713) 795-4444 *110*
Procedure Scheduler:	*Kimberly: (713)795-4444 * 104*

If you would like to send us email, please request your web account by visiting: www.dahpa.com, go to Welcome Package tab and click my medical portfolio to request web account ID and PW.

We appreciate your efforts in helping us to help you.
All of us at Digestive Associates of Houston, P.A. thank you and wish you well.