DIGESTIVE ASSOCIATES OF HOUSTON, PA
Isaac Raijman, MD Susana Escalante-Glorsky, MD
Tel: 713-795-4444 Fax: 713-795-5254

EGD (UPPER ENDOSCOPY) / ERCP / EUS PREPARATION

The following are the instructions that you will need to follow prior to your procedure. Please try to follow them as closely as possible to ensure a successful procedure. Failure to take this preparation as indicated below may result in a poorly result and possible cancellation of the procedure.

- At least 5 days ahead, stop Aspirin, Advil, Aleve, Celebrex Ibuprofen, Lovinox, Motrin, any iron pills or medications that contain iron. You may take Tylenol if it is necessary.
- At least 3 days ahead, stop Plavix and Coumadin.
- Let us know if you are taking blood thinners.

ONE DAY before your procedure:

- You may enjoy a regular diet the day before your procedure.
- PLEASE DO NOT EAT OR DRINK ANYTHING RED OR PURPLE AFTER 8 PM.
- NO ALCOHOL

THE DAY of your procedure:

Morning procedure: If your procedure is scheduled in the morning, you may not have anything to eat or drink after midnight.

Afternoon procedure: If your procedure is scheduled for 12:00pm or later, you may have CLEAR LIQUIDS (NO SOLID FOODS) until 8:00a.m.

- Medications: You may take important medications (such as heart, blood pressure, thyroid or a seizure disorder etc.) with a small sip of water on the morning of your procedure. If you are a diabetic, DO NOT take your diabetic medications on the morning of your procedure. Routine medications with the exception of blood thinning medications may be taken when you get home. Insulin should not be taken on the morning of your procedure.

- Transportation: Since this procedure involves some anesthesia/sedation, you MUST have someone drive you home and stay with you during the following 4-6 hours (NO TAXI DRIVERS). They should also remain in the facility during your procedure so the physician may speak with them once you are in recovery.

Results: The medical assistant will notify you in the mail regarding your biopsy result (if taken) within 10 business days.

Dr. Raijman's medical assistant:	*Natalia: (713)795-4444 * 110*
Dr. Escalante's medical assistant:	*Daicy: (713) 795-4444 *103*
Procedure Scheduler:	*Kimberly: (713)795-4444 * 104*

If you would like to send us email, please request your web account by visiting: www.dahpa.com, go to Welcome Package tab and click my medical portfolio to request web account ID and PW.

We appreciate your efforts in helping us to help you.
All of us at Digestive Associates of Houston, P.A. thank you and wish you well.