

CAPSULE ENDOSCOPY PREPARATION INSTRUCTION

The following are the instructions that you will need to follow prior to your Capsule Endoscopy. Please try to follow them as closely as possible to ensure a successful procedure. It is possible that you may feel abdominal cramping, rectal discomfort, some rectal bleeding, tiredness and headaches during the preparation. Should any of these symptoms become significant or you have concerns about them, please contact us at 713-795-4444. **Failure to take this preparation as indicated below may result in a poorly cleansed colon and possible cancellation of the procedure.**

- At least **5** days ahead, stop Aspirin, Advil, Aleve, Celebrex Ibuprofen, Lovinox, Motrin, any iron pills or medications that contain iron. You may take Tylenol if it is necessary.
- At least **3** days ahead, stop Plavix and Coumadin.
- Let us know if you are taking blood thinners.

ONE DAY before your procedure:

1. Start on a **CLEAR** liquid diet and continue clear liquids throughout the day. **Solid foods, milk, or milk product are NOT allowed!!!**

* **Clear Liquids include:** Water, Jell-O (not the red or purple kind), apple juice, white grape juice, clear broth, soda (any, but NO cream sodas), bouillon, coffee without cream (sugar is OK), tea, popsicles, NO alcohol!!
2. Starting drinking HalfLyte solution at approximately 4:00p.m. (8 ounces every 10-15 minutes until finished.)
**** Please follow this instruction and do not follow the instruction on the box!!**
3. Once you have finished drinking the entire HalfLyte, then take 2 bisacodyl tablets.
4. No alcohol is allowed.
5. **Nothing to eat or drink after midnight the day of your procedure.**

THE DAY of your procedure:

1. **Remember to bring Reglan 10 mg tablets (you will need them for your procedure).**
2. If you normally take medications in the morning, take them on the day of the procedure with a small sip of water.
3. Insulin should not be taken on the morning of your procedure.

Results: You will be contacted by the medical assistant within 14 business days regarding your results.

*Dr. Raijman's medical assistant: Natalia: (713)795-4444 * 103 or natalias@dahpa.com*

*Dr. Escalante's medical assistant: Daicy: (713) 795-4444 *110 or daicyg@dahpa.com*

We appreciate your efforts in helping us to help you.
All of us at Digestive Associates of Houston, P.A. thank you and wish you well.